L1

**LOUISA WALTZ**

**Choreographed: - Andrea & John Barwick** (Revised 2018) *DEDICATED TO MUM AND ALL MOTHERS WHO ENCOURAGE THEIR DAUGHTERS TO DANCE*

32 Bar Sequence: 3/4 Time 48 – 52 bpm. Commence in right lower shadow hold facing diag centre

**LADY’S STEPS: -**

BAR COUNT ALIGNMENT/DESCRIPTION

**Fwd & brush \* Back & brush \* Fwd with sway \* Back with sway**

|  |  |  |
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| 1 | 1 2 | Facing diag centre **LF** fwd |
|  | 3 | **RF** closes to **LF**. Ball of foot with partial weight rising to release the heel of the **LF** and lowering |
| 2 | 1 2 | **RF** back diag wall against LOD |
|  | 3 | **LF** closes to **RF.** Ball of foot with partial weight rising to release the heel of the **RF** and lowering |
| 3 | 1 2 3 | Facing diag centre **LF** fwd. Sway with left shoulder lead. Release the heel of the **RF** |
| 4 | 1 2 3 | Transfer weight back to **RF**. Sway with right shoulder lead. Release the heel of the **LF** |

**Fwd to elevation \* Back & brush \* Fwd turn brush \* Fwd & brush**

|  |  |  |
| --- | --- | --- |
| 5 | 1 2 | Facing diag centre. **LF** fwd |
|  | 3 | Elevate **RF** fwd diag centre releasing the heel of the **LF** |
| 6 | 1 2 | **RF** back diag wall against LOD |
|  | 3 | **LF** closes to **RF** without weight |
| 7 | 1 2 3 | **LF** fwd turn to face diag wall closing **RF** to **LF** without weight |
| 8 | 1 2 | Facing diag wall **RF** fwd |
|  | 3 | **LF** closes to **RF** without weight |

**Fwd & brush \* Back & brush \* Fwd with sway \* Back with sway**

|  |  |  |
| --- | --- | --- |
| 9 | 1 2 | Facing diag wall. **LF** fwd |
|  | 3 | **RF** closes to **LF**. Ball of foot with partial weight rising to release the heel of the **LF** and lowering |
| 10 | 1 2 | **RF** back diag centre against LOD |
|  | 3 | **LF** closes to **RF**. Ball of foot with partial weight rising to release the heel of the **RF** and lowering |
| 11 | 1 2 3 | Facing diag wall **LF** fwd. Sway with left shoulder lead. Release the heel of the **RF** |
| 12 | 1 2 3 | Transfer weight back to **RF**. Sway with right shoulder lead. Release the heel of the **LF** |

**Fwd to elevation \* Back & brush \* Fwd turn & brush \* Side step & close**

|  |  |  |
| --- | --- | --- |
| 13 | 1 2 | Facing diag wall. **LF** fwd |
|  | 3 | Elevate **RF** fwd diag wall releasing the heel of the **LF** |
| 14 | 1 2 | **RF** back diag centre against LOD |
|  | 3 | **LF** closes to **RF** without weight |
| 15 | 1 2 3 | **LF** fwd turning left to face partner and centre closing **RF** to **LF** without weight. Man’s L to lady’s R hand hold adopted |
| 16 | 1 2 | **RF** to side along LOD |
|  | 3 | **LF** closes to **RF** |

**Change of place. Fwd turn & brush \* Side step & close \* Change of place. Fwd turn & brush \* Side step & close**

|  |  |  |
| --- | --- | --- |
| 17 | 1 2 3 | **RF** fwd to centre turning right to face diag wall closing **LF** to **RF** without weight. Commence turn under man’s raised arm |
| 18 | 1 2 | **LF** to side along LOD. Man’s L to lady’s R hand hold maintained in the centre |
|  | 3 | **RF** closes to **LF** |
| 19 | 1 2 3 | **LF** fwd turning to face diag centre closing **RF** to **LF** without weight. Moving under man’s raised arm |
| 20 | 1 2 | **RF** to side along LOD. Hands to hands hold adopted. |
|  | 3 | **LF** closes to **RF** |