2

MANS STEPS

BAR COUNT

|  |  |  |  |
| --- | --- | --- | --- |
| Two steps fwd  Step fwd & lock  Step fwd  Two steps fwd  Step fwd & lock  Step fwd  Chasse’ diag to centre  Chasse’ diag to outside wall  Diag fwd and back steps releasing weight on standing leg  (Checking action)  Step back and close  Step fwd, turn and  brush taking partner into closed hold  Chasse’ end facing diag to outside wall partner on right  Step fwd diag  Swivel point  Step fwd diag wall against LOD  Swivel point  Step fwd diag wall  Turn, step to side and close  Rotary chasse’. End with heel pull. Closed hold facing LOD | 17 | S | **LF** fwd facing LOD in lower shadow hold |
|  | S | **RF** fwd facing LOD |
| 18 | Q | **LF** fwd facing LOD (Left shoulder lead) |
|  | Q | **RF** locks behind **LF** |
|  | S | **LF** fwd facing LOD |
| 19 | S | **RF** fwd facing LOD |
|  | S | **LF** fwd facing LOD |
| 20 | Q | **RF** fwd facing LOD (Right shoulder lead) |
|  | Q | **LF** locks behind **RF** |
|  | S | **RF** fwd facing LOD |
| 21 | Q | **LF** fwd and to the side moving diag to centre facing LOD |
|  | Q | **RF** closes to **LF** facing LOD |
|  | S | **LF** fwd and to the side moving diag to centre facing LOD |
| 22 | Q | **RF** fwd and to the side moving diag to outside wall facing LOD |
|  | Q | **LF** closes to **RF** facing LOD |
|  | S | **RF** fwd and to the side moving diag to outside wall facing LOD |
| 23 | Q | **LF** fwd crossing in front of **RF** diag to outside wall releasing weight on **RF** facing LOD (Check) |
|  | Q | Replace weight back onto **RF** |
|  | Q | **LF** back diag to centre against LOD releasing weight on **RF** facing LOD (Check |
|  | Q | Replace weight back onto **RF** |
| 24 | Q | **LF** fwd crossing in front **RF** diag to outside wall releasing weight on **RF** facing LOD (Check) |
|  | Q | Replace weight back onto **RF** |
|  | S | **LF** back diag to centre against LOD releasing weight on **RF** facing LOD (Check) |
| 25 | S | **RF** back against LOD facing LOD |
|  | S | **LF** closes to **RF** facing LOD |
| 26 | S | **RF** fwd facing LOD releasing lady from shadow hold |
|  | S | Turning right **LF** closes to **RF** without weight facing outside wall & partner adopting closed hold |
| 27 | Q | **LF** to side facing outside wall and partner closed hold |
|  | Q | **RF** closes to **LF** |
|  | S | Turning left **LF** fwd and to the side facing diag to outside wall moving outside partner |
| 28 | S | **RF** fwd diag to outside wall partner outside on right |
|  | S | Swivel right to face diag to outside wall against LOD pointing **LF** to the sidedown LOD partner outside on left |
| 29 | S | **LF** fwd facing diag wall against LOD partner outside on left |
|  | S | Swivel left to face diag outside wall pointing **RF** to the side against LOD partner outside on right |
| 30 | S | **RF** fwd diag wall stepping outside partner |
|  | Q | Turning right **LF** to side facing outside wall & partner in closed hold |
|  | Q | **RF** closes to **LF** |
| 31 | S | Turning right **LF** to side backing diag centre |
|  | Q | Turning right **RF** fwd facing diag centre |
|  | Q | **LF** closes to **RF** facing diag centre |
| 32 | S | Turning right **RF** fwd down LOD |
|  | S | **LF** closes to **RF** without weight facing LOD in closed hold (heel pull) |