1

FITZBREKEN QUICKSTEP

2016

CHOREOGRAPHED BY ANDREA & JOHN BARWICK. 32 BAR SEQUENCE DANCE 4/4 TIME 48-50 bpm

COMMENCE IN CLOSED HOLD MAN FACING LINE OF DANCE

MANS STEPS

 BAR COUNT

|  |  |  |  |
| --- | --- | --- | --- |
| Two steps fwd turning right on 2nd stepStep to side and close Step backStep back turning left Step to side and closeTwo steps fwdStep fwd Lock stepStep fwdStep fwdPoint tapStep backPoint tapStep fwdPivot right and brushChasse’ left on ball of foot and lowerChasse’ right on ball of foot and lowerStep fwd and brushStep to the side and close (Box waltz)Step back and brushStep to the side and closeStep fwd turning leftStep fwd facing LODStep fwd Lock stepStep fwdTurning right into chasse’ turn. End with heel pull release lady to lower shadow hold |  1 |  S | **LF** fwd facing LOD |
|  |  S | Commence turn right **RF** fwd diag to outside wall |
|  2 |  Q | Turning right **LF** to side backing diag centre |
|  |  Q | **RF** closes to **LF** backing diag centre |
|  |  S | **LF** back backing diag centre |
|  3 |  S | **RF** back backing diag centre preparing to turn left |
|  |  Q | Turning left **LF** to the side facing diag to outside wall |
|  |  Q | **RF** closes to **LF** end facing LOD |
|  4 |  S | **LF** fwd facing LOD |
|  |  S | **RF** fwd facing LOD |
|  5 |  Q | **LF** fwd facing LOD |
|  |  Q | **RF** locks behind **LF** |
|  |  S | **LF** fwd facing LOD |
|  6 |  S | **RF** fwd facing LOD |
|  |  S | Point **LF** fwd facing LOD without weight and tap |
|  7 |  S | **LF** back against LOD facing LOD |
|  |  S | Point **RF** back against LOD without weight and tap |
|  8 |  S | **RF** fwd facing LOD |
|  |  S | Pivot on **RF** to face outside wall closing **LF** to **RF** without weight (BRUSH) |
|  9 |  Q | **LF** to side facing outside wall on ball of foot (TIPSY TO LEFT) |
|  |  Q | **RF** closes to **LF** on ball of foot |
|  |  S | **LF** to side and lower with **RF** closing to **LF** without weight |
|  10 |  Q | **RF** to side facing outside wall on ball of foot (TIPSY TO RIGHT) |
|  |  Q | **LF** closes to **RF** on ball of foot |
|  |  S | **RF** to side and lower with **LF** closing to **RF** without weight |
|  11 |  S | **LF** fwd to outside wall closing **RF** to **LF** without weight (BOX WALTZ) |
|  |  Q | **RF** to the side against LOD facing outside wall |
|  |  Q | **LF** closes to **RF** |
|  12 |  S | **RF** back to centre closing **LF** to **RF** without weight |
|  |  Q | **LF** to the side down LOD facing outside wall |
|  |  Q | **RF** closes to **LF** |
|  13 |  S | Turning left **LF** fwd diag to outside wall |
|  |  S | Turning left **RF** fwd facing LOD |
|  14 |  Q | **LF** fwd facing LOD |
|  |  Q | **RF** locks behind **LF** |
|  |  S | **LF** fwd facing LOD |
|  15 |  S | Turning right **RF** fwd diag to outside wall |
|  |  Q | **LF** to side to outside wall backing diag centre |
|  |  Q | **RF** closes to **LF** backing diag centre |
|  16 |  S | Turning right **LF** back diag to outside wall |
|  |  S | Turning right **RF** fwd facing LOD closing **LF** to **RF** without weight (heel pull)Releasing lady to turn to lower shadow hold |