4

LADY’S STEPS

BAR COUNT

|  |  |  |  |
| --- | --- | --- | --- |
| Two steps fwd  Lock step  Step fwd  Two steps fwd  Lock step  Step fwd  Chasse’ diag to centre  Chasse’ diag to outside wall  Diag fwd and back steps releasing weight on standing leg  (Checking action)  Step back and brush  Step fwd, turn, brush adopting closed hold  Chasse’ end backing diag wall  Step back diag wall  Swivel point  Step back diag against LOD Swivel point  Step back diag wall  Turn, step to side and close  Rotary chasse’. End with a heel pull. Backing LOD | 17 | S | **LF** fwd facing LOD |
|  | S | **RF** fwd facing LOD |
| 18 | Q | **LF** fwd facing LOD (Left shoulder lead) |
|  | Q | **RF** locks behind **LF** |
|  | S | **LF** fwd facing LOD |
| 19 | S | **RF** fwd facing LOD |
|  | S | **LF** fwd facing LOD |
| 20 | Q | **RF** fwd facing LOD (Right shoulder lead) |
|  | Q | **LF** locks behind **RF** |
|  | S | **RF** fwd facing LOD |
| 21 | Q | **LF** fwd moving diag to centre facing LOD |
|  | Q | **RF** closes to **LF** facing LOD |
|  | S | **LF** fwd moving diag to centre facing LOD |
| 22 | Q | **RF** fwd moving diag to outside wall facing LOD |
|  | Q | **LF** closes to **RF** facing LOD |
|  | S | **RF** fwd moving diag to outside wall facing LOD |
| 23 | Q | **LF** fwd crossing in front of **RF** diag to outside wall releasing weight on **RF** facing LOD (Check |
|  | Q | Replace weight back onto **RF** |
|  | Q | **LF** back diag to centre against LOD releasing weight on **RF** facing LOD (Check |
|  | Q | Replace weight back onto **RF** |
| 24 | Q | **LF** fwd crossing in front of **RF** diag to outside wall releasing weight on **RF** facing LOD (Check |
|  | Q | Replace weight back onto **RF** |
|  | S | **LF** back diag to centre against LOD releasing weight on **RF** facing LOD (Check) |
| 25 | S | **RF** back against LOD facing LOD |
|  | S | **LF** closes to **RF** without weight facing LOD |
| 26 | S | **LF** fwd facing LOD releasing shadow hold |
|  | S | Turning left **RF** closes to **LF** without weight facing centre & partner adopting closed hold |
| 27 | Q | **RF** to side facing centre & partner closed hold |
|  | Q | **LF** closes to **RF** |
|  | S | Turning left **RF** to side and back diag to outside wall partner moving to right |
| 28 | S | **LF** back diag to outside wall partner on right |
|  | S | Swivel right facing diag centre pointing **RF** to side down LOD partner on left |
| 29 | S | **RF** back diag wall against LOD partner on left |
|  | S | Swivel left backing diag wall pointing **LF** to side against LOD partner on right |
| 30 | S | **LF** back diag wall partner stepping outside |
|  | Q | Turning right **RF** to side facing centre & partner |
|  | Q | **LF** closes to **RF** |
| 31 | S | Turning right **RF** to side facing diag centre |
|  | Q | Turning right **LF** back backing diag centre |
|  | Q | **RF** closes to **LF** backing diag centre |
| 32 | S | Turning right **LF** back down LOD |
|  | S | **RF** closes to **LF** without weight (heel pull) backing LOD in closed hold |