BREKEN QUICKSTEP

Choreographed: - Andrea & John Barwick. (Revised 2019)

16 Bar sequence dance. Time 4/4. 48-50 bpm Commence in lower right shadow hold facing LOD **MANS STEPS**

BAR COUNT DESCRIPTION

 **FWD STEPS / LOCK STEPS / FWD STEPS / LOCK STEPS**

|  |  |  |
| --- | --- | --- |
|  1 |  S | **LF** fwd, facing LOD |
|  |  S | **RF** fwd, facing LOD |
|  2 |  Q | **LF** fwd, facing LOD. Moving slightly body contra with L shoulder lead |
|  |  Q | **RF** locks behind **LF**.CBMP |
|  |  S | **LF** fwd, facing LOD |
|  3 |  S | **RF** fwd, facing LOD |
|  |  S | **LF** fwd, facing LOD |
|  4 |  Q | **RF** fwd, facing LOD. Moving slightly body contra with R shoulder lead  |
|  |  Q | **LF** locks behind **RF**. CBMP |
|  |  S | **RF** fwd facing LOD |

 **CHASSE’ DIAG TO CENTRE / CHASSE’ DIAG TO WALL / FWD & BACK CHECK STEPS**

|  |  |  |
| --- | --- | --- |
| 5 | Q | Turning R to face diag wall, Chasse’ steps. **LF** to side moving diag centre  |
|  |  Q | **RF** closes to **LF**  |
|  | S | **LF** to side moving diag centre  |
| 6 | Q | Turning L to face diag centre, Chasse’ steps. **RF** to side moving diag wall  |
|  | Q | **LF** closes to **RF**  |
|  | S | **RF** to side moving diag wall  |
|  7 |  Q | Facing diag centre commence check steps Bars 7 & 8.  **LF** fwd crossing in front of **RF** diag wall releasing weight on **RF**  |
|  | Q | Replace weight back onto **RF** |
|  | Q | **LF** back diag to centre against LOD releasing weight on **RF**  |
|  | Q | Replace weight fwd onto **RF** |
|  8 | Q | **LF** fwd crossing in front **RF** diag to outside wall releasing weight on **RF**  |
|  | Q | Replace weight back onto **RF** |
|  | S | **LF** back diag to centre against LOD releasing weight on **RF**  |

 **BACK TWINKLE / FWD TURN, BRUSH / CHASSE’ / STEP, SWIVEL POINT**

|  |  |  |
| --- | --- | --- |
| 9 | S | **RF** back against LOD facing LOD |
|  | S | **LF** closes to **RF**  |
| 10 | S | **RF** fwd facing LOD. Release lady from shadow hold |
|  | S | **LF** closes to **RF** without weight, turning to face lady & wall. Adopt closed hold |
| 11 | Q | **LF** to side along LOD facing lady and wall |
|  | Q | **RF** closes to **LF** |
|  | S | **LF** to the side along LOD |
| 12 | S | Turning L. **RF** fwd down LOD. Lady outside position on R |
|  |  S | Swivel on **RF** to face diag wall against LOD pointing **LF** to the sidedown LOD. Lady outside position on L |

 **STEP, SWIVEL POINT / NATURAL TURN / CHASSE’ TURNS**

|  |  |  |
| --- | --- | --- |
| 13 | S | **LF** fwd against LOD. Lady outside position on L |
|  | S | Swivel on **LF** to face diag wall pointing **RF** to the side against LOD. Lady outside position on R |
| 14 |  S | **RF** fwd diag wall stepping outside partner |
|  | Q | **LF** to side along LOD turning to face lady and wall. Adopt closed hold |
|  | Q | **RF** closes to **LF** backing diag centre |
| **15** | S | Comm. turns R. **LF** back, backing LOD |
|  |  Q | **RF** fwd facing diag centre |
|  |  Q | **LF** closes to **RF** facing diag centre |
| 16 |  S | **RF** fwd down LOD. Release lady to comm. turn to shadow position |
|  |  S | **LF** closes to **RF** without weight facing LOD. Adopt R lower shadow hold |