BREKEN QUICKSTEP

Choreographed: - Andrea & John Barwick. (Revised 2019)

16 Bar sequence dance. Time 4/4. 48-50 bpm Commence in lower right shadow hold facing LOD **LADY’S STEPS**

BAR COUNT DESCRIPTION

 **FWD STEPS / LOCK STEPS / FWD STEPS / LOCK STEPS**

|  |  |  |
| --- | --- | --- |
|  1 |  S | **LF** fwd, facing LOD |
|  |  S | **RF** fwd, facing LOD |
|  2 |  Q | **LF** fwd, facing LOD. Moving slightly body contra with L shoulder lead |
|  |  Q | **RF** locks behind **LF**.CBMP |
|  |  S | **LF** fwd, facing LOD |
|  3 |  S | **RF** fwd, facing LOD |
|  |  S | **LF** fwd, facing LOD |
|  4 |  Q | **RF** fwd, facing LOD. Moving slightly body contra with R shoulder lead  |
|  |  Q | **LF** locks behind **RF**. CBMP |
|  |  S | **RF** fwd facing LOD |

 **CHASSE’ DIAG TO CENTRE / CHASSE’ DIAG TO WALL / FWD & BACK CHECK STEPS**

|  |  |  |
| --- | --- | --- |
| 5 | Q | Turning R to face diag wall, Chasse’ steps. **LF** to side moving diag centre  |
|  |  Q | **RF** closes to **LF**  |
|  | S | **LF** to side moving diag centre  |
| 6 | Q | Turning L to face diag centre, Chasse’ steps. **RF** to side moving diag wall  |
|  | Q | **LF** closes to **RF**  |
|  | S | **RF** to side moving diag wall  |
|  7 |  Q | Facing diag centre commence check steps Bars 7 & 8.  **LF** fwd crossing in front of **RF** diag wall releasing weight on **RF**  |
|  | Q | Replace weight back onto **RF** |
|  | Q | **LF** back diag to centre against LOD releasing weight on **RF**  |
|  | Q | Replace weight fwd onto **RF** |
|  8 | Q | **LF** fwd crossing in front **RF** diag to outside wall releasing weight on **RF**  |
|  | Q | Replace weight back onto **RF** |
|  | S | **LF** back diag to centre against LOD releasing weight on **RF**  |

 **BACK TWINKLE / FWD TURN, BRUSH / CHASSE’ / STEP, SWIVEL POINT**

|  |  |  |
| --- | --- | --- |
|  9 | S | **RF** back against LOD facing LOD |
|  | S | **LF** closes to **RF** without weight |
| 10 | S | **LF** fwd facing LOD.  |
|  | S | **RF** closes to **LF** without weight, turning to face man & centre. Closed holdadopted  |
| 11 | Q | **RF** to side along LOD facing man and centre |
|  | Q | **LF** closes to **RF**  |
|  | S | **RF** to the side along LOD  |
| 12 | S | Turning L. **LF** back down LOD. Outside position on man’s R |
|  |  S | With weight on **LF**, swivel R to back diag wall against LOD pointing **RF** to sidedown LOD. Outside position on man’s L |

 **STEP, SWIVEL POINT / NATURAL TURN / CHASSE’ TURNS**

|  |  |  |
| --- | --- | --- |
| 13 | S | **RF** back against LOD. Outside position on man’s L  |
|  | S | With weight on **RF**, swivel L to back diag wall pointing **LF** to side against LOD. Outside position on man’s R  |
| 14 |  S | **LF** back diag wall. Outside position |
|  | Q | **RF** to side along LOD, turning to face man & centre Closed hold adopted |
|  | Q | **LF** closes to **RF** facing diag centre |
| 15 | S | Comm. turns R. **RF** fwd down LOD |
|  |  Q | **LF** back, backing diag centre |
|  |  Q | **RF** closes to **LF** backing diag centre |
| 16 |  S | **LF** back down LOD. Comm. turn R to shadow position |
|  |  S | **RF** closes to **LF** turning to face LOD. Lower R shadow hold adopted |